

PORT BROUGHTON AREA SCHOOL

SUN SAFE POLICY

With sun exposure during childhood and adolescence a critical factor in determining future skin cancer risk, the school recognises its responsibility to protect students as much as possible from skin damage while they are in our care, and to continue to educate them in the preventative measures that can be taken to minimise the harmful effects of over exposure to the sun.

Skin damage is result of cumulative exposure to the sun's ultra violet radiation (UVR), and is cumulative and irreversible. The considerations outlined in this policy will extend to all school settings including swimming lessons, sports days and school camps and excursions and will be in place from the start of term 3 to the end of term 1 and when UV is above 3 at other times. To assist with implementing this policy, staff are encouraged to access the daily sun protection times via the SunSmart app, www.myuv.com.au or www.bom.gov.au.

RESPONSIBILITIES

STUDENTS:

To seek shaded areas when at recess and lunch breaks, especially during the peak UV radiation times of the day.

- Wear sun protective clothing; tops with collars and longer sleeves, shorts and skirts to cover as much skin as possible.
- To wear the school hat during recess and lunch breaks and during Health and Physical Educations lessons and any other outdoor activities.
- Apply SPF 30 or higher, broad spectrum, water resistant sunscreen to clean, dry skin, 20 minutes prior to sun exposure, and re-apply every two hours if outdoors for an extended period.
- To wear sunglasses (close fitting, UV protection, wrap around which meet Australian Standards, from category 2,3,4, or Eye Protection Factor of 10(EPF), during recess and lunch breaks and Health and Physical Education lessons if safe and practicable

CONSEQUENCES FOR R-12 NOT WEARING HATS

During recess, lunch

- stay in the shade
- if requested to move into shade and request is refused it is taken as refusing to do as a staff member asks and therefore becomes a breach of Yard Behaviour Rules, follow common steps - warnings, detention.

STAFF:

- To encourage students to seek shaded areas during recess and lunch breaks.
- To encourage students in the wearing of hats, sunscreen and sunglasses (with UVR protection) during these breaks.
- To role model sun safe behaviour by wearing sun protective clothing, hats, sunglasses (with UVR protection) and sunscreen whilst on yard duty.
- To seek shaded areas when possible whilst undertaking yard duties.
- To include formal instruction on sun-care as part of the compulsory Health and Physical Education curriculum

ADMINISTRATION:

- To provide sunscreen 'pump-packs' (30+ SPF broad spectrum, water resistant) for each classroom.
- To avoid outdoor assemblies during peak UV radiation times of the day.
- To provide sunscreen (30+ SPF broad spectrum, water resistant), sunglasses (with UVR protection) and hats for staff required to spend a substantial amount of time outdoors.
- Ensure all staff and families are informed of the school's latest SunSmart policy.

GOVERNING COUNCIL:

- To continue to develop shaded areas within the school grounds.

Policy dated: March 2018**Next Review: March 2021*******Please note:**

The wearing of hats is to be encouraged while students are outside but they are not acceptable inside classrooms.